

# Anthem United Volleyball

## 2023-24



# Who Are We?

Anthem United was formed in 2016 with the purpose of bringing a Christ centered club program to our North Georgia and Chattanooga communities.

Our purpose is to bring a higher level of volleyball to the area while showing fairness and integrity in every situation and shining a light for Christ to every player, parent, official, and opposing team we come in contact with.



# Meet the Director

- Tori Malone
- 19 years of volleyball playing experience- collegiate Libero
- 11 years as a club coach/director  
(Set for Life, Force Elite, Anthem)
- 2 seasons at Boyd Buchanan
- Teacher/Head Coach for Christian Heritage 5 seasons

# Our Mission & Core Values

**Consistent Coaching Philosophy:** We want all our players to be trained in a fast paced, challenging environment that provides feedback on how players can improve. We emphasize technique and fundamental skills. We promote all out, 100% effort in the gym and set high standards for our players.

**Life Lessons:** We recognize that while playing volleyball competitively is important, the most important lessons we teach will apply to all areas of life. We aim to use the sport of volleyball as learning opportunities to show our players the importance of communication, respect, hard work, discipline, leadership, teamwork, humility, coachability, adversity, perseverance and great character.

**Core Values:** Positive Culture, Organized, Christ Centered, and Great Communication



# Sneak Peek of Events

Specific Times/Dates TBD

- ❑ Oct 14th, 15th, and 17th Tryouts
- ❑ Oct 20th 1st deposit due
- ❑ End of October: Team fellowships/Parent Meetings, Team Practices Begin
- ❑ End of November: Team Bonding
- ❑ Thanksgiving Break
- ❑ Early Dec. Club Wide scrimmage days
- ❑ Christmas Break
- ❑ Early Jan. Tournaments Begin
- ❑ Spring Break
- ❑ Early April All Club Worship Night
- ❑ May 4th-5th Regionals (final tournament)
- ❑ Team Parties
- ❑ Team Practices for those going to Nationals
- ❑ Nationals (optional)

# More than Volleyball

- **Community service**
  - Tennessee Baptist Children's Home
  - Catoosa Clean Up
  - We encourage each of our teams to find a way to give back to the Community.
- **Team Bonding** opportunities to create great chemistry on the floor





# Success on the Floor

## SRVA 2023 Regionals Results

14-White 1st/40 local teams

14-Navy 3rd/72 club teams

15-Navy 3rd/63 club teams

18-Navy 5th overall

18-Savannah and 16-Navy 9th overall

14-Red and 18-Baylea 2nd in Silver

16-Red 3rd in Silver





# Coaches

## ➤ Experienced & Knowledgeable

- The majority of our coaches have experience playing at the collegiate level and/or coaching Middle/High School teams prior to coaching this season. All of our coaches have a high volleyball IQ and are experienced in the sport. The level and quality of coaching separates different clubs in the area.

## ➤ Relational

## ➤ Training: Safe Sport & Impact Certified

## ➤ Mentored and given tools to succeed and grow



# Beginners Program

- No Tryouts necessary
- Two practices a week with Coach Tony and supporting coaches
- Scrimmages
- Emphasis on Basic Fundamentals to lay groundwork for future skills
- Runs December-Mid March
- \$400, can be paid in 2 installments (includes practice jersey)
- The Registration Form for the Beginner's will go live on our website November 1st (Max of 45 athletes)



# Faith

- Devotions once a week, coach or player led
  - This is not mandatory if a player wishes not to participate
- Prayer with our opponents after every match
- All Club Worship night
- Godly Coaching Staff

As Jesus calls his followers to look different than the world, we strive to look different as a club of believers. We love our competitors, teammates, and club family.

We are UNITED IN CHRIST.



# Practices

- ❑ 2 practices a week, earliest start times are 5:30, latest time to finish 9:00 for older teams
- ❑ Practice Days: Mondays, Tuesdays, Thursdays evenings or Sundays after church time

## Current Gym Locations:

- Ringgold: Tiger Creek Elementary, Graysville Elementary, Ringgold United Methodist Church, Heritage High, Ringgold Middle, 1st Baptist of Chickamauga
- Dalton: Christian Heritage, Christ Church Presbyterian
- Chattanooga: Silverdale Cumberland Presbyterian

Because we have a wide range of players coming from the Chattanooga, Ringgold, Dalton, Chickamauga, Calhoun, and other areas we try to plan each team to practice once in Ringgold/Chattanooga and once in Dalton each week. We feel this is the most fair practice model. This cannot happen in every situation.



# Master Sessions/More Playing Opportunities

- Positional Training
  - Defense/Serve Receive
  - Setting
  - Hitting/Blocking
  - Speed/Vertical Training
- Small Group Setting
  - Detailed instruction, feedback, and breakdown of skills/mechanics
- Build into the cost of club fees
- Scrimmages among our club and local teams to prepare for tournaments

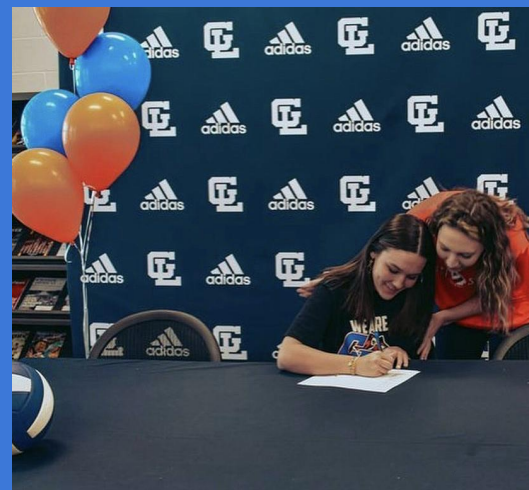


# Tournaments

- Tournament season runs January- Beginning of May
- 1 Day tournaments: Typically begins at 8 AM and could run from 3:00-8:00, or later depending on how the day goes.
- 2 Day tournaments: Broken into AM and PM waves. AM waves are typically 8 AM-1 or 2 PM. PM waves begin around 3 PM.
- There are a good number of local tournaments in the Chattanooga and North Georgia Areas. We also attend a few tournaments in the Atlanta, Nashville, and Knoxville areas. All teams will typically participate in SRVA Regionals, Battleground Explosion at the Chattanooga Convention Center, and 1 overnight in Gatlinburg.
- 11U-12U teams are predominantly local 1 days.
- Remaining tournaments are based on the skill level of each team and schedules are created very soon after a team is formed so that we may cater the schedule to the skill level of the team.
- Option to extend season for Nationals will be discussed at the 1st team meeting.

# Recruitment Assistance

- Reach, jump, and height evaluations to help them fill out recruiting questionnaires/profiles
- Showcase Information
- High Exposure Tournaments
- Assistance with Hudl, Field Level Profiles
- College Coaches want to hear from the Athletes
  - Give guidance and example templates to help players reach out to Colleges
- 26 Total College Commits to Date
  - Three Division 1 Players
  - Six Division 2 Players
  - Two Division 3 Players
  - Fifteen NAIA and Junior College Players
- **There is a place in college volleyball for any player who wishes to continue their volleyball career!**



# Recent College Commitments





# Expectations

- Playing time is determined by ATTITUDE, EFFORT, COACHABILITY, skill level, volleyball knowledge, attendance, and team chemistry.
- On average a team roster consists of 9-10 players, no more than 11.
- Teams are formed based on the team needs. Players are kept with a certain role in mind.
- Multi Sport Athletes are welcome, but please note that timely communication is key
  - Players will be asked to provide their practice & game schedules to their coaches
  - If the number of absences are too significant, playing time can be affected
- Our Culture is very important to us. No disrespect of coaches, players, officials will be tolerated.

# Player Fees

- 11s: \$1,800 (5 tournaments)
- 12/13s: \$2,000 (6 tournaments)
- 14s and Up: \$2,300 (8 tournaments)



\*Fees can be paid in 3 smaller installments after deposit due on 10/20/2023

- Club fees cover coaching pay, SRVA coaching fees, club insurance, coaches background checks, impact and safety certification, tournament entries, warm-up shirts, equipment, jerseys, Travel expenses: hotels, gas, food coverage for coaches, gym rental, masters training sessions, website, processing fees, and other administrative fees.
- Fundraising: 20/20 letters, Candle Sale (optional)
- Sibling Discount: \$100 off each sibling's fees

# 2023-24 Tryouts

**Tuesday, Oct 17th @ Ringgold United Methodist**

**11s: 5:00-6:30**

**12s: 7:00-8:30**



**Saturday, Oct 14th @ Christ Church Presbyterian**

**13s: 2:45-4:45**

**14s: 5:30-7:30**

**Sunday, Oct 15th @ Christian Heritage High**

**15s: 1:00-3:00**

**16s: 4:00-6:00**

**17/18s: 7:00-9:00**

- Tryout registration is linked on our club website
  - Please arrive at least 25 minutes prior to Tryouts to complete the check in process
  - Tryouts are closed to parents/ guests
  - If you cannot attend a Tryout, please email [anthemunitedvbc.com](mailto:anthemunitedvbc.com)
  - Tryouts start FRESH each year.
- NO predetermined teams.

# What to have Prepared for Tryouts

## The following should be completed online prior to arriving at Tryouts:

- Registration Form through Anthem United website
  - Ensure the primary position is correct (15-18s)
- Pay Tryout Fee of **\$50** online (includes T-shirt to be worn at tryouts)
- Tryout Fee increases to \$60 if you are not registered by the deadline (10/13)
- [USAV Medical Release Form](#)
- [Pre-Register with SRVA for SRVA membership](#) (this is good for all club tryouts) Will be upgraded after Tryouts

## Please bring a physical copy of the following to tryouts:

- Physical SRVA Membership Card or digital copy on your phone
- Printed [USAV Medical Release Form](#) (not required to be notarized)

## Commitment Dates

2 days within team offer

If called, an answer right away helps so much!!

# Age Definitions

**\*\*We ask that everyone try out with their correct age division. In order to have the most competitive teams, it is rare that we move players up.**

USAV age is by definition, the age of the athlete on JULY 1st 2024.

Athletes are not allowed to “play down”

Players with young birthdates may tryout with their grade level.

**2024****USA Volleyball Age Eligibility** (by birth month and year)

USAV AGE Level >>	9 & UNDER	10 & UNDER	11 & UNDER	12 & UNDER	13 & UNDER	14 & UNDER	15 & UNDER	16 & UNDER	17 & UNDER	18 & UNDER
Grade*	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th
JULY	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005
AUG	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005
SEP	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005
OCT	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005
NOV	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005
DEC	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005
JAN	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006
FEB	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006
MAR	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006
APR	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006
MAY	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006
JUN	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006

**NOTES:**

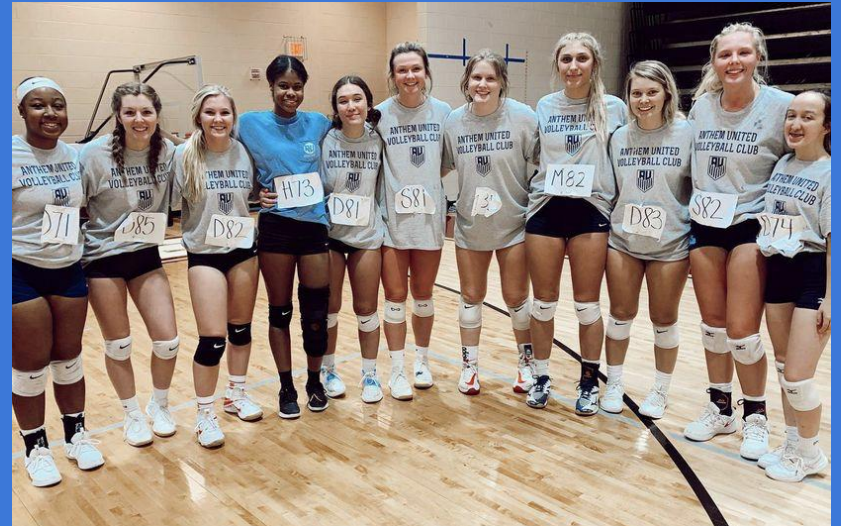
- USAV age is, by definition, the age of the athlete on **JULY 1ST OF 2024**.

- Grade is not the primary determinant of USAV age eligibility. We include grade in this list simply as a point of reference.

Athletes are not allowed to play down! i.e., play an age level lower than indicated above, regardless of grade!

# Post Tryouts

- Tryout decisions are group discussions and made after several coaches have scored players.
- Players will receive emails or phone calls about their placement on the team following the days after Tryouts. We will have to wait for makeup Tryouts to take place as well.
- We do prayerfully consider every decision and spend time looking at scores and tryout results. PLEASE tell your child not to panic if they do not receive a phone call right away, calls will take a few days after Makeups conclude.



# Communication

- Follow us on Facebook and Instagram for Media and Updates
- Once on a team, Team App will have schedules, chats, etc. all in one place
- Visit our website [anthemunitedvbc.com](http://anthemunitedvbc.com)
- Email us at [anthemunitedvbc@gmail.com](mailto:anthemunitedvbc@gmail.com)



# Questions??

We look forward to a great year. Please join us in praying for the 2023-24 Season. **Go AU!**

